

King City SS e-Newsletter



[2001 King Road, King City, ON L7B 1K2](#)

January 8, 2021

Peer Tutoring



Peer tutoring is an effective and convenient (and free!) way for Grade 9 and 10 students to get one-on-one online support from senior students who excel in the subject area. Join us on Tuesdays and Thursdays from 3-4pm. Sessions run on a drop-in basis – come for five minutes or for an hour! Instructions on how to join us are on the Guidance Google Classroom, under the “Peer Tutoring” topic of the Classwork tab. We look forward to seeing you there!

March Break Reimbursement Fund from Autism Ontario

The 2021 March Break Reimbursement Fund is available to Ontario families of children or youth with ASD who retain the services of a one-to-one support worker OR who have paid for their child to attend a 2021 March Break camp or program, but not both.

Maximum reimbursements of \$350 per child or youth (up to 18th birthday) will be made to subsidize services purchased between March 15 and March 19, 2021.

A minimum of 1,007 families, from across Ontario, are expected to receive reimbursements. Reimbursements will be provided based on a random selection made from all eligible applicants who apply between December 15, 2020 and January 22, 2021.

Please click [this link](#) for more information.

Contact Us

Phone 905.833.5332

Extensions

Reception 150

Attendance 158

Guidance 106

Busing 152

king.city.ss@yrdsb.ca

Online

[School website](#)

Administration

Principal

[Joe D'Amico](#)

Vice Principals

[Pina Viscomi](#) (A-K)

[Tim Wesson](#) (L-Z)

School Council

[Luisa Gale](#)

[Harpal Panesar](#)

Superintendent

Neil Gunathunge

Trustee

Bob McRoberts



School News



2021 Crime Stoppers Poster/Video Contest

Help promote **Crime Stoppers** of York Region in our school by creating a poster or video illustrating this year's theme:

Helping All Communities Stay Safe

Create a poster or video that emphasizes the importance of fostering a positive and inclusive school environment for all students by empowering students to report incidents of bullying and discrimination through the **Crime Stoppers** program. Individual or group submissions are welcome.

The top 3 posters and top 3 video submissions will each receive:

- A Crime Stoppers Reward of \$250.00 💰
- Their artwork or video featured on Crime Stoppers and School Board social media

Deadline to submit is February 12th, 2021

Applicants must be registered and attend the Virtual Student Symposium on February 24, 2021 from 9:00 – 3:00 where winning submissions will be revealed LIVE

SHSM students can receive an experiential for participating in the contest

To register and for contest instructions and requirements please contact Mrs. O'Quinn at wendy.oquinn@yrdsb.ca.

Reminder - Families with Textbooks from 2019-2020 School Year

If families have *any* textbooks from last school year (including from graduated students and students currently attending Secondary Virtual School), please contact the school to arrange their return.

Important Dates

To view our entire school calendar online click [here](#).

Wednesday, January 13th

- ☐ Virtual School Council - 7:00 pm - [click here to participate](#)

Thursday, January 14th

- ☐ Rotation #8 Begins: both cohorts online

Monday, January 25th

- ☐ Cohort return in person: cohort B in person

Friday, January 29th

- ☐ Semester 1 ends

Monday, February 1st

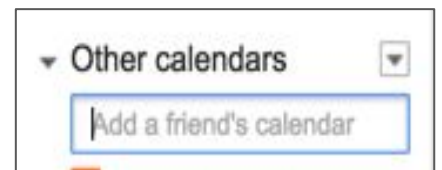
- ☐ PA Day

Tuesday, February 2nd

- ☐ Semester 2 Begins

Do you use Google Calendar?

Add our email address to add our calendar to your calendar, and never miss an event again!



king.ss@gapps.yrdsb.ca



School News

Sharing Stories for Change



Inclusive School and Community Services is asking us to help further our support of our 2SLGBTQI+ community by **sharing our stories for change**. Your story may be used for proposed board initiatives, including foundational board wide training, specialized training for folks in equity positions, 2SLGBTQI school climate testing, more funding for GSA work and much more! To help showcase the need and importance of this kind of work they are asking the YRDSB community to **share their stories**

for change. This call out is open to staff, admin, teachers, students and families alike. **If folks are comfortable please share a story that:**

- Highlights the barriers, struggles or blockages experienced by 2SLGBTQI+ folks within YRDSB schools, administrative buildings and/or policies
- Commenting on experiences of homophobia, biphobia and/or transphobia experienced
- Lack of supports, intervention or proper practices when staff have attempted to support 2SLGBTQI+ folks

These stories will help humanize and showcase the support that is needed for 2SLGBTQI+ students, staff, admin and families alike. **Please only share your own personal story and experience and do not include any specific identifying information of others.**

Please email Dylan Bruxer directly (dylan.bruxer@yrdsb.ca) if you feel ready to share!

Reminder: Secondary Schools Closed until January 25th

A reminder to our families that secondary schools in York Region are closed until Monday, January 25th. Students will participate in online learning until that time. The morning block will be synchronous online. Students with a class in that block are expected to log on for class at 8:20.

Virtual Parent Council Meeting: Tuesday, January 13th - 7pm

Please use this link to attend:

<https://yrdsb-ca.zoom.us/j/96829083784?pwd=cFFWRkVzUUZHNOZOZIFRR3JCRkxxdz09>

Meeting ID: 968 2908 3784 Passcode: 128642 To access by phone dial: +1 647 374 4685



School News



COLLEGE INFORMATION WEEK

The YRDSB Graduation Coaches for Black Students, in partnership with various colleges, are hosting two College Information Nights for Black Students.



Two Nights of Information

Tuesday, January 19, 2021
Humber College and George Brown

Thursday, January 21, 2021
Seneca College, Sheridan and Centennial

Registration





School News



Student Mental Health and Addictions Newsletter January 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Returning to Virtual Learning after the Winter Break

As a result of a provincially mandated lockdown due to rising COVID -19 cases across the province, we end the Winter Break with a return to virtual learning. Although this will present a challenge for some and disappointment for others, our focus will be on how to keep one another physically healthy and maintain social connections and mental health while distance learning. This month's edition of our Mental Health newsletter will focus on some suggestions of ways to stay socially connected during this continued time of physical distancing.

Each one of us is unique and may require different strategies to support our mental health. One size does not fit all. The following are some suggestions to help you think about what may help to support your own mental health and the mental health of your children.

Distance learning from home can have positive or negative impacts. One well-supported recommendation is to create a sense of **routine and structure** in the day (as much as possible). For example, try to make the morning routine the same each day, with breaks built in at predictable times.

Other suggestions include:

- Building in positive goals to **incorporate positive pursuits** such as learning something new (e.g. cooking, puzzles), showing gratitude (e.g. reach out to tell someone you care about them), and exercising (e.g. at home or going for a walk).
- [Dr. Shimi Kang](#), a mental health expert and clinical associate professor at the University of British Columbia, suggests that individuals determine 2-3 personal coping strategies that can act as their **own "go to" tools to cope with stress**. Writing this down and making note can make using them intentional. In addition, Dr. Kang reminds us that we should try **to limit our use of technology** where we can. Over dependence on technology/ screens can affect our mental health.
- Lastly, **identify someone you can purposely check in with on a regular basis**, not just during times of stress, but as a measure to maintain social connection. This practice can help maintain positive mental health.

Continue on page six



School News

Continued from page three

[School Mental Health Ontario](#) has created a variety of resources for educators, parents and families, and students regarding supporting student mental health during this time.

Check out some more tips from School Mental Health Ontario on building [personal resiliency](#).

Mental Health COVID-19 Page

COVID-19 has presented unprecedented issues and concerns for our community, our country and the world. As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well.

The [Mental Health COVID-19 page](#) is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with these supports.

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account @YRDSB

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.

Mental Health Lead

patricia.marra-stapleton@yrdsb.ca



School News

NACCA
est.2018

Black History Month 2021
CALL FOR YOUTH ART
SUBMISSIONS GR 1-12

Theme:
Standing on strong shoulders

3 Prizes of \$200 each!
Youth identifying as Black or of African descent

Entries due on Monday!

The poster features a teal and yellow paint-splatter background with black dots. The text is bold and black. A starburst graphic on the right contains the text 'Entries due on Monday!'.

The Newmarket African Caribbean Canadian Association (NACCA) in partnership with The Town of Newmarket is hosting a virtual showcase of youth artworks during Black History Month 2021 – February 1 – 28, 2021.

The virtual show will feature artworks from youth who identify as Black or of African descent in grades – 12, and may include painting, photography, sculpture, and other media. Deadline for submission is January 11, 2021 at 6:00p.m.

Prizes of \$200 each will be awarded to three students based on originality, creativity and relevance of the artwork to the theme: “Standing on Strong Shoulders”.

For more information, visit: <https://www.naccacommunity.ca/nacca-youth.html>



School News - reminder



THE ALLIANCE OF EDUCATORS
FOR MUSLIM STUDENTS

YRDSB and the Alliance of Educators for Muslim Students (AEMS)

Islamic Heritage Student Art Call for Entry 2020/21

Theme: Islamic Heritage Month in the Canadian Context

Overview: We are excited to introduce our first ever student contest! We want to focus on Muslim Canadians past and present who have made an impact in our country. The submissions will be compiled into an online resource that AEMS will share with schools. This online resource of Muslim student artwork can be used inside and outside the classroom year round for culturally relevant learning. Educators are encouraged to use the student artwork for discussion points and to make curriculum connections.

Topic: Which Canadian Muslim stands out as a leader to you?

Why an Islamic Heritage Contest:

- To celebrate Islamic heritage and identity
- To recognize Canadian Muslims who have made a significant contribution to Canada
- To provide an avenue for Culturally Responsive and Relevant Teaching/Learning

Qualifying Submissions:

- Open to all York Region District School Board students K-12
- One entry per student
- Must be the original work of the student
- Entries must be received by March 1st, 2021
- Submission through [Google Form](#)

Criteria:

- Consistency with theme, creativity and originality
- Portraits, abstract, digital art etc. all accepted.

Decisions:

- Outstanding participants will be celebrated via social media outlets

Questions? Wahid Khan by email wahid.khan@yrdsb.ca or 437-984-7778



@AEMSyr



@aemsyorkregion



School News - reminder

NACCA

est.2018

FOOD SECURITY PROGRAM

Available for residents of Newmarket, Aurora and East Gwillimbury

This program will provide bi-weekly \$100 grocery gift cards to 35 Black, African and Caribbean families experiencing food vulnerability arising from the impact of COVID-19.

WHO WE ARE

NACCA IS A REGISTERED NON-PROFIT ORGANIZATION INCORPORATED UNDER THE LAWS OF ONTARIO, HAVING ITS HEAD OFFICE IN THE TOWN OF NEWMARKET; FOUNDED IN 2018 AND PROVIDING STRONG LEADERSHIP FOR OUR DIVERSE RESIDENT BLACK COMMUNITY, ESPECIALLY BLACK YOUTH.

OUR MANDATE

FOCUSED ON BUILDING AND CONNECTING COMMUNITIES, SUPPORTING AND STRENGTHENING BLACK FAMILIES AND BUSINESSES, AND EMPOWERING BLACK YOUTH.

NACCA'S CURRENT PROGRAMS

- Food Security
- Mental Health
- Scholarship

[Application](#)

For more information [click here](#)





School News - reminder



Our Existence is Our Resistance

A Tamil Heritage Month Workshop Series

In recognition of Tamil Heritage Month, students are invited to participate in **two free workshops** in January which focus on aspects of Tamil Identity: Traditional Tamil Cuisine and Spoken Word

Traditional Tamil Cuisine Workshop

When: Monday January 11, 2021 from 6pm-7pm EST

Where: Zoom (link provided upon registration)

Ages: Grade 5-12

Overview: A family workshop designed to provide an opportunity for YRDSB students to learn more about their culture through food and practice making their own dish through the support and guidance of our facilitator, Chef Sarmel

Spoken Word Workshop

When: Tuesday January 12, 2021 from 6pm-7:30pm EST

Where: Zoom (link provided upon registration)

Ages: Grade 7-12

Overview: An interactive workshop for YRDSB students to explore themes of identity and resistance through writing and performing Spoken Word with the support of our facilitator, Spoken Word Artist Nirosha Balakumar

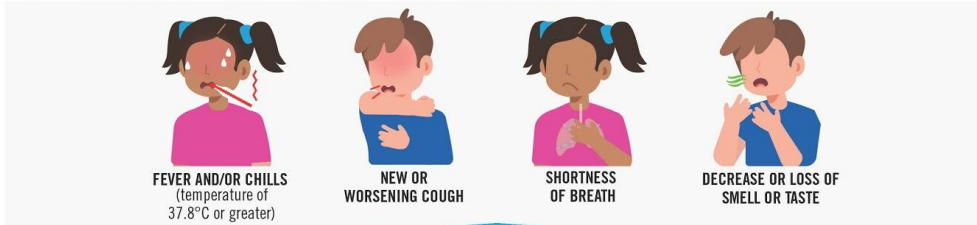
Please register for either workshops using the following : [Google Form](#)

For more information email momtha.sivapathasundram@yrdsb.ca or niyomi.raveenthiran@yrdsb.ca



PLEASE COMPLETE BEFORE ENTERING THE SCHOOL

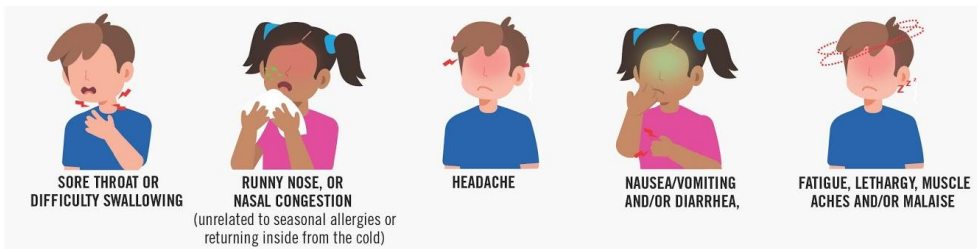
1. Does your child have any of the following **new or worsening** symptoms?*



IF "YES":

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

2. Does your child have any of the following **new or worsening** symptoms?*



IF "YES" TO 1 SYMPTOM:

- Your child should stay home for 24 hours from when the symptom started
- Your child may return to school/child care if symptom is improving and they feel well enough (no test is needed)
- If the symptom persists or worsens, contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

IF "YES" TO 2 OR MORE SYMPTOMS:

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

3. Has your child travelled outside of Canada in the past 14 days?

Yes No

4. Has your child been identified as a close contact of someone with COVID-19?

Yes No

5. Has your child been instructed to stay home and self-isolate?

Yes No

IF YOU ANSWERED "YES" TO QUESTION 3, 4 OR 5:

Your child must stay home and self-isolate for 14 days from the date of their last travel or the dates of last contact with a case. Follow the advice of York Region Public Health.

*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.

Stay safe. Stay Informed.
york.ca/covid19

114 Last Updated October 8, 2020

